

Sunday

Monday

Tuesday



Wednesday

Thursday

Friday

Saturday

Helene

<p>10:00 Family Meeting 5</p> <p>10:45 Exercise</p> <p>11:15 Hangman</p> <p>3:30 Afternoon Stretches</p> <p>4:30 Make Cheese/Fruit Trays for Super Bowl</p> <p>6:00 Super Bowl Sunday</p>	<p>10:00 Family Meeting 6</p> <p>10:30 Move & Groove</p> <p>11:30 Balloon Tennis</p> <p>2:30 Making Fresh Fruit Salad</p> <p>4:30 Fruit Salad & Convo.</p> <p>6:30 Dear Abbey</p>	<p>10:00 Family Meeting 7</p> <p>2:30 Music with Dick Leschorn (LEO)</p> <p>4:00 Evening Exercise</p> <p>6:30 Trivia</p>	<p>10:00 Family Meeting 1</p> <p>10:30 Monthly Gazette</p> <p>11:30 Exercise</p> <p>6:30 Word Teasers</p>	<p>Groundhog Day 2</p> <p>10:00 Family Meeting</p> <p>10:30 Music & Movement</p> <p>11:30 Groundhog Day Trivia & Word Search</p> <p>3:00 Jefferson Ave School Student Program</p> <p>6:30 Movie: Groundhog Day</p>	<p>10:00 Family Meeting 3</p> <p>10:30 Manicures & Music</p> <p>2:30 Exercise</p> <p>4:00 Happy Hour</p> <p>6:30 Friday Night Movie</p>	<p>Homemade Soup Day 4</p> <p>10:00 Family Meeting</p> <p>11:30 Bingo</p> <p>2:00 Making Homemade Soup</p> <p>4:00 Sampling Soup</p> <p>7:00 Lawrence Welk</p>
<p>10:00 Family Meeting 5</p> <p>10:45 Exercise</p> <p>11:15 Hangman</p> <p>3:30 Afternoon Stretches</p> <p>4:30 Make Cheese/Fruit Trays for Super Bowl</p> <p>6:00 Super Bowl Sunday</p>	<p>10:00 Family Meeting 6</p> <p>10:30 Move & Groove</p> <p>11:30 Balloon Tennis</p> <p>2:30 Making Fresh Fruit Salad</p> <p>4:30 Fruit Salad & Convo.</p> <p>6:30 Dear Abbey</p>	<p>10:00 Family Meeting 7</p> <p>2:30 Music with Dick Leschorn (LEO)</p> <p>4:00 Evening Exercise</p> <p>6:30 Trivia</p>	<p>10:00 Family Meeting 8</p> <p>11:00 Bingo</p> <p>2:00 Exercise</p> <p>4:00 Sketching</p> <p>6:30 Golden Girls Night</p>	<p>National Pizza Day 9</p> <p>10:00 Family Meeting</p> <p>10:30 Move & Groove</p> <p>11:15 Sing-A-Long</p> <p>3:00 Manicures</p> <p>5:30 Pizza & Wings</p>	<p>10:00 Family Meeting 10</p> <p>10:30 Making Chocolate Candy</p> <p>3:00 Happy Hour Prep</p> <p>4:00 Happy Hour</p> <p>6:30 Bowling</p>	<p>10:00 Family Meeting 11</p> <p>10:30 Sudoku with Jean</p> <p>2:00 News & Views</p> <p>4:00 Root Beer Floats</p> <p>7:00 Lawrence Welk</p> <p style="text-align: right;"><small>Tu B'Shevat</small></p>
<p>Random Acts of Kindness Week Begins 12</p> <p>10:00 Family Meeting</p> <p>10:30 Exercise</p> <p>2:30 Musical Movie (Sound of Music)</p> <p>4:30 Current Events</p> <p>6:30 My Random Act of Kindness</p>	<p>10:00 Family Meeting 13</p> <p>10:45 News & Views</p> <p>2:30 Bingo</p> <p>4:00 Would You Rather</p> <p>6:30 I Love Lucy Night</p>	<p>Happy Valentine's Day 14</p> <p>10:00 Family Meeting</p> <p>10:30 Valentines Cupcakes</p> <p>2:00 Exercise</p> <p>3:30 Fondue Fountain Party!</p> <p>6:30 Knitting with Florence</p> <p style="text-align: center;"><small>Valentine's Day</small></p>	<p>10:00 Family Meeting 15</p> <p>10:30 Art Project</p> <p>2:00 UNO</p> <p>5:00 Dinner Trip: Fins</p>	<p>10:00 Family Meeting 16</p> <p>10:30 Exercise</p> <p>2:00 Puzzles</p> <p>4:00 Sing-A-Long</p> <p>6:30 Movie</p>	<p>10:00 Family Meeting 17</p> <p>10:30 Sketching</p> <p>4:00 Happy Hour</p> <p>6:30 Movie Night & Popcorn – Jeans Pick!</p>	<p>10:00 Family Meeting 18</p> <p>10:30 Moove & Groove</p> <p>11:30 Manicures</p> <p>4:00 Green Apples & Carmel</p> <p>7:00 Lawrence Welk</p>
<p>10:00 Family Meeting 19</p> <p>10:30 Making Pie Crust for Cherry Pie Day</p> <p>2:00 Jewelry Making</p> <p>6:30 Ball Toss</p>	<p>Cherry Pie Day 20</p> <p>10:00 Family Meeting</p> <p>10:30 Make a Cherry Pie</p> <p>2:00 Cherry Pie Sampling</p> <p>4:00 Trivia</p> <p>6:30 My Favorite President</p> <p style="text-align: center;"><small>Presidents' Day (US)</small></p>	<p>10:00 Family Meeting 21</p> <p>11:00 Ball Toss</p> <p>2:00 Brain Teasers</p> <p>4:00 Piano Playing Bobbie</p> <p>6:30 Family Feud</p>	<p>Margarita Day 22</p> <p>10:00 Family Meeting</p> <p>10:30 Exercise</p> <p>11:00 Would You Rather</p> <p>3:00 Homemade Margarita's & Salsa</p> <p>6:30 Let's Dance!</p>	<p>10:00 Family Meeting 23</p> <p>10:30 Exercise</p> <p>11:00 Manicures & Music</p> <p>2:30 Bingo</p> <p>6:30 Evening Fun</p>	<p>10:00 Family Meeting 24</p> <p>2:15 Music with David Stockton</p> <p>4:00 Happy Hour</p> <p>6:30 Piano Playing with Bobbie</p>	<p>10:00 Family Meeting 25</p> <p>10:30 Banana Muffins</p> <p>2:00 Knitting Lessons With Florence</p> <p>4:00 Music & Dance</p> <p>7:00 Lawrence Welk</p>
<p>10:00 Family Meeting 26</p> <p>10:30 Say it with Music</p> <p>2:00 Manicures</p> <p>4:00 Lets Bowl</p> <p>6:30 My Favorite Hobby</p>	<p>10:00 Family Meeting 27</p> <p>10:30 Pillow Making with Verlene</p> <p>1:30 Family Meeting</p> <p>2:00 Pillow Making Continued</p> <p>4:30 Exercise</p> <p>6:30 Current Events</p>	<p>9:00 Out to Breakfast 28</p> <p>10:00 Family Meeting</p> <p>3:30 Bingo</p> <p>7:00 Wheel of Fortune</p> <p style="text-align: center;"><small>Mardi Gras</small></p>	 <h1>February 2017</h1> <h2>Helene House</h2> 			

Activities are provided by Shahbazim in the house living room. To verify events or check for changes, please contact the house Shahbaz.