

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2018

				1	2	3 11:30- Sing-a-long with Nazareth Students hosted by Helene's  2:30 Music with John Williams hosted by Leo's
4  Daylight Saving Time Ends	5	6 2:30 Music with Leah hosted by Helene's	7	8 6:45 Cindy Kingsly Hosted by Leo's	9 1:45 Zumba with Denise hosted by Bill and Jude's	10 2:30 Music with David Stockton hosted by Nancy's
11  Veterans Day (US) Remembrance Day (Canada)	12	13 11:00 Pet Visits with Maverick Helene's/Bills  2:30 Music with Leah hosted by Leo's	14	15	16 1:45 Yoga with Dylan hosted by Nancy's	17 2:30 Music with Maureen Cronin hosted by Helene's
18	19 2:00-Art for the Young at Heart-Bill and Jude's house only today	20 10:30 Assumption  2:30 Music with Leah hosted by Nancy's	21	22  Thanksgiving Day (US)	23 1:45 Yoga with Dylan hosted by Leo's	24 2:30 Music with Brett Lighthouse Hosted by Bill and Jude's
25	26	27 11:00 Pet Visits with Maverick Leo's/Nancy's 2:30 Music with Leah hosted by Leo's	28	29 6:45 Piano music with Tom Tuzzeo hosted by Bill's	30 1:45 Zumba with Denise hosted by Helene's	House Extensions: Bills-411 Helene's-412 Leo's-413 Nancy's-414

Activities are provided by Shahbazim within residence. Please check with Shahbaz for any changes. Activities Contact: [Rachael.black@rph.org](mailto:Rachael.black@rph.org) x415