

# Bill & Jude's

Sunday 7/28	Monday 7/29	Tuesday 7/30	Wednesday 7/31	Thursday 8/1 Salon Day Holly's Birthday 	Friday 8/2	Saturday 8/3
<u>11:15</u> Good Morning Stretch (YouTube Search Chair Stretch for Seniors)	<u>10:30</u> Hair Styles with Kenesha  <u>11:30</u> Summer Coloring	<u>11:15</u> Zumba with Denise hosted by Leo's	<u>10:30</u> Yoga on YouTube	<u>10:00</u> Baseball Game Outing- (2 Residents)  Salon Trips	<u>10:30</u> Card Crafting	<u>11:00</u> Tony Bennett's Birthday- YouTube his Music
<u>2:30</u> Popsicles on the Patio	<u>2:30</u> July Birthday Party (Courtyard)	<u>2:30</u> Music and memories with Leah hosted by Nancy's	<u>2:00</u> Painting Ceramics	<u>2:30</u> August Trivia	<u>2:30</u> Games with Tashay	<u>2:30</u> Music with Mike Sidoti hosted by Helene's
<u>4:15</u> Afternoon Movie	<u>4:15</u> Jig-saw Puzzles	<u>4:15</u> Bell Choir with Rachael hosted by Leo's	<u>4:15</u> Sing-a-long with Laura and Rachael	<u>4:15</u> Patio Time/ Farmer's Friends	<u>3:30</u> Happy Hour	
<u>7:00</u> Finish the Lyrics (Blue Trivia Book)	<u>7:00</u> Evening Trivia	<u>7:00</u> Jig-saw Puzzles	<u>7:00</u> Summer Coloring	<u>7:00</u> Table Games	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

Activities are provided by Shabazim within the residence. Please check with Shahbaz for any changes.


Activities contact: Rachael Black- [rachael.black@rph.org](mailto:rachael.black@rph.org) Well Being Engagement Guide

Laura Koon- [laura.koon@rph.org](mailto:laura.koon@rph.org)

July-August 2019



# Helene's

Sunday 7/28	Monday 7/29	Tuesday 7/30	Wednesday 7/31	Thursday 8/1 Salon Day	Friday 8/2	Saturday 8/3
<u>11:15</u> Good Morning Stretch (YouTube Search Chair Stretch for Seniors)	<u>10:30</u> Baking with Laura and Kids	<u>11:15</u> Zumba with Denise hosted by Leo's	<u>10:30</u> Helene's Colonial Belle Trip	<u>10:00</u> Baseball Game Outing- (2 Residents)  Salon Trips	<u>10:30</u> Card Crafting	<u>11:00</u> Tony Bennett's Birthday- YouTube his Music
<u>2:30</u> Popsicles on the Patio	<u>2:30</u> July Birthday Party (Courtyard)	<u>2:30</u> Music and memories with Leah hosted by Nancy's	<u>2:30</u> Colonial Belle 	<u>3:30</u> Get-to-know Holly- Cupcakes and Questions	<u>2:30</u> Karaoke with Britt and Shanique	<u>2:30</u> Music with Mike Sidoti hosted by Helene's
<u>4:15</u> Afternoon Movie	<u>4:15</u> Roll and Play with Jasmine	<u>4:15</u> Bell Choir with Rachael hosted by Leo's	<u>4:15</u> Sing-a-long with Rachael @ Bills	<u>4:15</u> Patio Time/ Farmer's Friend	<u>3:30</u> Happy Hour	
<u>7:00</u> Finish the Lyrics (Blue Trivia Book)	<u>7:00</u> Evening Trivia	<u>7:00</u> Jig-saw Puzzles	<u>7:00</u> Summer Coloring	<u>7:00</u> August Trivia	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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Laura Koon- [laura.koon@rph.org](mailto:laura.koon@rph.org)

July-August-2019



# Leo's House

Sunday 7/28	Monday 7/29	Tuesday 7/30	Wednesday 7/31 Happy Birthday  Eino	Thursday 8/1 Salon Day	Friday 8/2	Saturday 8/3
<u>10:15</u> Good Morning Stretch (YouTube Search Chair Stretch for Seniors)	<u>10:30</u> Baking with Frankie	<u>11:15</u> Zumba with Denise hosted by Leo's	<u>10:30</u> Wii Games with Ashley	<u>10:00</u> Baseball Game Outing- (2 Residents)  Salon Trips	<u>10:30</u> Card Crafting	<u>11:00</u> Tony Bennett's Birthday- YouTube his Music
<u>2:30</u> Kids Corner	<u>2:30</u> July Birthday Party (Courtyard)	<u>2:30</u> Music and memories with Leah hosted by Nancy's	<u>2:00</u> Painting Ceramics	<u>2:00</u> August Trivia	<u>2:00</u> Bingo with Rachael	<u>2:30</u> Music with Mike Sidoti hosted by Helene's
<u>4:15</u> Afternoon Movie	<u>4:15</u> Jig-saw Puzzles	<u>4:15</u> Bell Choir with Rachael hosted by Leo's	<u>4:15</u> Get-to-know you with Karley	<u>4:15</u> Patio time/ Farmer's Friend	<u>3:30</u> Happy Hour	
<u>7:00</u> Finish the Lyrics (Blue Trivia Book)	<u>7:00</u> Evening Trivia	<u>7:00</u> Table Games	<u>7:00</u> Evening Movie	<u>7:00</u> Summer Coloring	<u>7:00</u> Would you Rather? (Large Activity Book)	<u>7:00</u> Lawrence Welk Channel 8

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 Laura Koon- [laura.koon@rph.org](mailto:laura.koon@rph.org)  
 July –August 2019



# Nancy's House

Sunday 7/28	Monday 7/29 Happy Birthday  Janet!	Tuesday 7/30	Wednesday 7/31	Thursday 8/1 Salon Day	Friday 8/2	Saturday 8/3
<u>11:15</u> Good Morning Stretch (YouTube Search Chair Stretch for Seniors)	<u>10:30</u> Monday Manicures with Rachael	<u>11:15</u> Zumba with Denise hosted by Leo's	<u>10:30</u> Nancy's Colonial Belle Outing	<u>10:00</u> Baseball Game Outing- (2 Residents)  Salon Trips	<u>10:30</u> Card Crafting	<u>11:00</u> Tony Bennett's Birthday- YouTube his Music
<u>2:30</u> Popsicles on the Patio	<u>2:30</u> July Birthday Party (Courtyard)	<u>2:30</u> Music and memories with Leah hosted by Nancy's	<u>2:30</u> Colonial Belle 	<u>2:00</u> August Trivia	<u>2:00</u> Sing-a-long with Suzy-Q	<u>2:30</u> Music with Mike Sidoti hosted by Helene's
<u>4:15</u> Afternoon Movie	<u>4:15</u> Finish the Lyrics (Blue Trivia book)	<u>4:15</u> Bell Choir with Rachael hosted by Leo's	<u>4:15</u> Rest after our Trip	<u>4:15</u> Patio Time/ Farmer's Friend	<u>3:30</u> Happy Hour	
<u>7:00</u> Finish the Lyrics (Blue Trivia Book)	<u>7:00</u> Evening Trivia	<u>7:00</u> Jig-saw Puzzles	<u>7:00</u> Evening Movie	<u>7:00</u> Summer Coloring	<u>7:00</u> Would you Rather? (Large Activity Book)	<u>7:00</u> Lawrence Welk Channel 8

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