

Bill & Jude's

Sunday 8/18	Monday 8/19 	Tuesday 8/20	Wednesday 8/21	Thursday 8/22 Salon Day	Friday 8/23 Rachael off	Saturday 8/24
<u>11:15</u> Spiritual Music	<u>10:30</u> Hair styles with Kenesha <u>11:30</u> Ball Toss with Suzanne	<u>10:30</u> Yoga with Rachael	<u>11:00</u> Horse Race Game with Laura K.	<u>10:30</u> Salon Trips/ 11:15-Zumba with Denise hosted by Helene's	<u>10:30</u> Summer coloring	<u>11:15</u> Good Morning Stretch
<u>2:30</u> Front Porch Chats	<u>2:15</u> Water Balloon Fight!	<u>2:30</u> Music and memories with Leah hosted by Nancy's	<u>2:30</u> August Birthday Games @ Leo's House	<u>2:30</u> County Line Dancers hosted by Nancy's	<u>2:30</u> Patio Time	<u>2:30</u> Music with Roslyn Germano hosted by Bill and Jude's
<u>4:15</u> Afternoon Trivia	<u>4:15</u> Book Mark Craft with Laura K.	<u>3:30</u> Pet Visits with Stella	<u>4:15</u> Patio Time	<u>4:15</u> Volley Ball @ Leo's	<u>3:30</u> Happy Hour	
<u>7:00</u> Sunday Evening Movie	<u>7:00</u> Evening Trivia	<u>7:00</u> Dear Abby Conversations (Large Activity Book)	<u>7:00</u> Board Games	<u>7:00</u> Would you Rather? (Large Trivia Books)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

Activities are provided by Shahbazim within the residence. Please check with Shahbaz for any changes.

Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide

Laura Koon- laura.koon@rph.org

August- 2019



Helene's

Sunday 8/18	Monday 8/19 	Tuesday 8/20	Wednesday 8/21	Thursday 8/22 Salon Day	Friday 8/23 Rachael off	Saturday 8/24
<u>11:15</u> Spiritual Music	<u>11:00</u> Manicures	<u>10:30</u> Yoga with Rachael @ Bill and Jude's	<u>10:30</u> Faces and Places with Rachael	<u>10:30</u> Salon Trips/ 11:15-Zumba with Denise hosted by Helene's	<u>10:30</u> Making Mini Pies	<u>11:15</u> Good Morning Stretch
<u>2:30</u> Front Porch Chats	<u>2:15</u> Water Balloon Fight!	<u>2:30</u> Music and memories with Leah hosted by Nancy's	<u>2:30</u> August Birthday Games @ Leo's House	<u>2:30</u> County Line Dancers hosted by Nancy's	<u>2:30</u> Patio Time	<u>2:30</u> Music with Roslyn Germano hosted by Bill and Jude's
<u>4:15</u> Afternoon Trivia	<u>4:15</u> Book Mark Craft with Rachael	<u>4:00</u> Pet Visits with Stella	<u>4:15</u> Patio Time	<u>4:15</u> Volley Ball @ Leo's	<u>3:30</u> Happy Hour	
<u>7:00</u> Sunday Evening Movie	<u>7:00</u> Finishing the Lyrics	<u>7:00</u> Dear Abby Conversations (Large Activity Book)	<u>7:00</u> Board Games	<u>7:00</u> Would you Rather? (Large Trivia Books)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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Laura Koon- laura.koon@rph.org

August -2019



Leo's House

Sunday 8/18	Monday 8/19 	Tuesday 8/20	Wednesday 8/21	Thursday 8/22 Salon Day	Friday 8/23 Rachael off	Saturday 8/24
<u>11:15</u> Paint Brush Art	<u>11:30</u> Yoga DVD with Rachael	<u>11:30</u> Pet Visits with Maverick	<u>10:30</u> Patio Walks with Laura K.	<u>10:30</u> Salon Trips/ 11:15-Zumba with Denise hosted by Helene's	<u>10:30</u> Summer coloring	<u>11:15</u> Good Morning Stretch
<u>2:30</u> Porch Chats	<u>2:15</u> Water Balloon Fight!	<u>2:30</u> Music and memories with Leah hosted by Nancy's	<u>2:30</u> August Birthday Games @ Leo's House	<u>2:30</u> Country Line Dancers hosted by Nancy's	<u>2:30</u> Patio Time	<u>2:30</u> Music with Roslyn Germano hosted by Bill and Jude's
<u>4:15</u> Afternoon Trivia	<u>4:00</u> Manicures with Shayla & Kendall	<u>4:15</u> Front Porch Trivia with Kendall	<u>4:15</u> Patio Time	<u>4:15</u> Volleyball with Rachael	<u>3:30</u> Happy Hour	
<u>7:00</u> Bingo	<u>7:00</u> Finishing the Lyrics	<u>7:00</u> Dear Abby Conversations (Large Activity Book)	<u>7:00</u> Board Games	<u>7:00</u> Would you Rather? (Large Trivia Books)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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August – 2019



Nancy's House

Sunday 8/18	Monday 8/19 	Tuesday 8/20	Wednesday 8/21	Thursday 8/22 Salon Day	Friday 8/23 Rachael off	Saturday 8/24
<u>11:15</u> Spiritual Music	<u>10:30</u> Yoga DVD with Rachael @ Leo's House	<u>12:00</u> Pet Visits with Maverick	<u>11:30</u> Lunch Time Trivia with Rachael	<u>10:30</u> Salon Trips/ 11:15-Zumba with Denise hosted by Helene's	<u>10:30</u> Summer Coloring	<u>11:00</u> Mixed Media Art with Laura and Tiya
<u>2:30</u> Porch Chats	<u>2:15</u> Water Balloon Fight!	<u>2:30</u> Music and memories with Leah hosted by Nancy's	<u>2:30</u> August Birthday Games @ Leo's House	<u>2:30</u> Country Line Dancers hosted by Nancy's	<u>2:30</u> Patio Time	<u>2:30</u> Music with Roslyn Germano hosted by Bill and Jude's
<u>4:15</u> Afternoon Trivia	<u>4:15</u> Manicures	<u>4:15</u> Shooting Pool/Air Hockey	<u>4:15</u> Patio time	<u>4:15</u> Volleyball@ Leo's	<u>3:30</u> Happy Hour	
<u>7:00</u> Sunday Evening Movie	<u>7:00</u> Finishing the Lyrics	<u>7:00</u> Dear Abby Conversations (Large Activity Book)	<u>7:00</u> Board Games	<u>7:00</u> Would you Rather? (Large Trivia Books)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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