

Bill & Jude's

| Sunday 9/8 | Monday 9/9 | Tuesday 9/10 | Wednesday 9/11 | Thursday 9/12 Salon Day | Friday 9/13 | Saturday 9/14 |
|---|---|--|---|---|--|---|
| <u>11:15</u> Mix Media Sunflower Collage | <u>10:45</u> Yoga DVD with Tashay <u>11:00</u> Hairstyles with Kenesha | <u>11:30</u> Exercise with Rachael | <u>11:30</u> Exercise with Rachael @ Helene's | <u>10:30</u> Salon Trips | <u>11:15</u> Zumba with Denise hosted by Leo's | <u>11:15</u> Necklace making |
| <u>3:00</u> National Grandparent's Day-Magic with Jimmy C & Ice Cream- Helene's | <u>2:30</u> Sing-a-long with Rachael @ Leo's | <u>2:30</u> Music and memories with Leah hosted by Nancy's | <u>2:30</u> Laughing Gull Chocolate Tasting hosted by Bill and Jude's | <u>2:30</u> Bread-time Stories with Chet hosted by Helene's | <u>2:30</u> Making Flower Arrangements | <u>2:30</u> Music with Roslyn hosted by Leo's |
| <u>4:15</u> Trivia (Big Book) | <u>4:15</u> Soccer with Rachael @ Bills | <u>4:15</u> Bell Choir @ Helene's | <u>4:15</u> Ribbon Dancing | <u>4:15</u> Manicures with Dee and Tashay | <u>3:30</u> Happy Hour | |
| <u>7:00</u> Andy Griffith Show | <u>7:00</u> Dear Abby Conversations | <u>7:00</u> Finish the Lyrics | <u>7:00</u> Wheel of Fortune/ Jeopardy | <u>7:00</u> Whiteboard Pictionary | <u>7:00</u> Movie Night | <u>7:00</u> Lawrence Welk Channel 8 |

Activities are provided by Shabazim within the residence. Please check with Shahbaz for any changes.

Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide

Laura Koon- laura.koon@rph.org

September- 2019



Helene's

| Sunday 9/8 | Monday 9/9 | Tuesday 9/10 | Wednesday 9/11 | Thursday 9/12 Salon Day | Friday 9/13 | Saturday 9/14 |
|---|--|--|--|---|--|--|
| <u>11:15</u> Mixed Media Sunflower Collage | <u>10:30</u> Finish the Lyrics | <u>10:30</u> Exercise with Rachael @ Bills | <u>11:30</u> Exercise with Rachael | <u>10:30</u> Salon Trips | <u>11:15</u> Zumba with Denise hosted by Leo's | <u>11:15</u> Jigsaw Puzzles |
| <u>3:00</u> National Grandparent's Day-Magic with Jimmy C & Ice Cream-Helene's | <u>2:30</u> Sing-a-long with Rachael @ Leo's | <u>2:30</u> Music and memories with Leah hosted by Nancy's | <u>2:30</u> Laughing Gull Chocolate Tasting hosted by Bill and Jude's | <u>2:30</u> Bread-time Stories with Chet hosted by Helene's | <u>2:30</u> Making Flower Arrangements | <u>2:30</u> Music with Roslyn hosted by Leo's |
| <u>4:15</u> Trivia (Big Book) | <u>4:15</u> Soccer with Rachael @ Bills | <u>4:15</u> Bell Choir with Rachael | <u>4:15</u> Golf Practice with Brittany | <u>4:15</u> Manicures with Frankie | <u>3:30</u> Happy Hour | |
| <u>7:00</u> Andy Griffith Show | <u>7:00</u> Dear Abby Conversations | <u>7:00</u> Finish the Lyrics | <u>7:00</u> Wheel of Fortune/ Jeopardy | <u>7:00</u> Whiteboard Pictionary | <u>7:00</u> Movie Night | <u>7:00</u> Lawrence Welk Channel 8 |

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Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide

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September -2019



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Leo's House

| Sunday 9/8 | Monday 9/9 | Tuesday 9/10 | Wednesday 9/11 | Thursday 9/12 Salon Day | Friday 9/13 | Saturday 9/14 |
|---|---|--|---|---|--|--|
| <u>11:15</u> Mixed Media Sunflower Collage | <u>11:30</u> Pet Visits with Beaux and Sully | <u>10:30</u> Finishing the Lyrics with Ashley | <u>9:30</u> Mini-Quiche with Laura K. | <u>10:30</u> Salon Trips | <u>11:15</u> Zumba with Denise hosted by Leo's | <u>11:15</u> Jigsaw Puzzles |
| <u>3:00</u> National Grandparent's Day-Magic with Jimmy C & Ice Cream- Helene's | <u>2:30</u> Sing-a-long with Rachael @ Leo's | <u>2:30</u> Music and memories with Leah hosted by Nancy's | <u>2:30</u> Laughing Gull Chocolate Tasting hosted by Bill and Jude's | <u>2:30</u> Bread-time Stories with Chet hosted by Helene's | <u>2:30</u> Making Flower Arrangements | <u>2:30</u> Music with Roslyn hosted by Leo's |
| <u>4:15</u> Trivia (Big Book) | <u>4:15</u> Old Wives Tales with Jojo (Large Activity Book) | <u>4:15</u> Bell Choir @ Helene's | <u>4:15</u> Loaded Questions with Zenaïda | <u>4:15</u> Manicures with Zenaïda | 3:30 Happy Hour | |
| <u>7:00</u> The Andy Griffith Show | <u>7:00</u> Finish the Lyrics | <u>7:00</u> Bingo | <u>7:00</u> Wheel of Fortune/ Jeopardy | <u>7:00</u> Whiteboard Pictionary | <u>7:00</u> Movie Night | <u>7:00</u> Lawrence Welk Channel 8 |

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September-2019



Nancy's House

| Sunday 9/8 | Monday 9/9 | Tuesday 9/10 | Wednesday 9/11 | Thursday 9/12 Salon Day | Friday 9/13 | Saturday 9/14 |
|---|--|--|--|---|--|---|
| <u>11:15</u> Mixed Media Sunflower Collage | <u>12:00</u> Pet Visits with Beaux and Sully | <u>11:00</u> Hairstyles with Tiya | <u>10:00</u> Manicures with Rachael | <u>10:30</u> Salon Trips | <u>11:15</u> Zumba with Denise hosted by Leo's | <u>11:15</u> Jigsaw Puzzles |
| <u>3:00</u> National Grandparent's Day-Magic with Jimmy C & Ice Cream-Helene's | <u>2:30</u> Sing-a-long with Rachael @ Leo's | <u>2:30</u> Music and memories with Leah hosted by Nancy's | <u>2:30</u> Laughing Gull Chocolate Tasting hosted by Bill and Jude's | <u>2:30</u> Bread-time Stories with Chet hosted by Helene's | <u>2:30</u> Making Flower Arrangements | <u>2:30</u> Music with Roslyn hosted by Leo's |
| <u>4:15</u> Dancing with Jojo | <u>4:15</u> Old Wives Tales (Large Activity Book) | <u>4:15</u> Bell Choir @ Helene's | <u>4:15</u> Watercolor Painting Pens | <u>4:15</u> Too Cute Pet Videos | <u>3:30</u> Happy Hour | |
| <u>7:00</u> The Andy Griffith Show | <u>7:00</u> Dear Abby Conversations | <u>7:00</u> Finish the Lyrics | <u>7:00</u> Wheel of Fortune/ Jeopardy | <u>7:00</u> Whiteboard Pictionary | <u>7:00</u> Movie Night | <u>7:00</u> Lawrence Welk Channel 8 |

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