

Bill & Jude's

Sunday 9/13	Monday 9/14 Rachael off	Tuesday 9/15	Wednesday 9/16	Thursday 9/17 Rachael off Happy Birthday Lucille!	Friday 9/18	Saturday 9/19
<u>11:15</u> Elvis Sings Hymns- YouTube	<u>10:30</u> Coffee and Newspaper Chats	<u>11:15</u> Morning Stretch	<u>11:15</u> Planting Fall Garden with Rachael	<u>11:15</u> Sit and Stretch	<u>11:15</u> Coffee and Newspaper Chats	<u>11:15</u> Paper Craft with Rachael
<u>2:30</u> Finish the Lyrics (Blue Activity Book)	<u>2:30</u> America's Funniest Home Videos	<u>2:30</u> Flower Sticker Crafts with Laura K.	<u>2:30</u> Sing-a-long with Elder-song- YouTube	<u>2:30</u> Birthday Snack for Lucille with Laura K.	<u>2:30</u> Afternoon Coloring	<u>3:30</u> Get to know you Questions
<u>4:15</u> Jig-saw Puzzles	<u>4:15</u> Monday Manicures	<u>6:30</u> Apple Crisp & Hot Cider with Rachael	<u>4:15</u> Afternoon Movie	<u>4:15</u> Hair Styles	<u>3:30</u> Happy Hour	<u>4:15</u> Classic TV Show
<u>7:00</u> Evening Stretch	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Evening Trivia	<u>7:00</u> Autumn in New England (YouTube)	<u>7:00</u> Music & Dancing	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

Activities are provided by Shahbazim within the residence. Please check with Shahbaz for any changes.

Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide

Laura Koon- laura.koon@rph.org

September - 2020



Helene's

Sunday 9/13	Monday 9/14 Rachael off	Tuesday 9/15	Wednesday 9/16	Thursday 9/17	Friday 9/18	Saturday 9/19
<u>11:15</u> Elvis Sings Hymns- YouTube	<u>10:30</u> Courtyard Walks	<u>11:15</u> Bowling with Rachael	<u>11:15</u> Planting Fall Garden with Laura K.	<u>10:30</u> Sit and Stretch	<u>11:30</u> Paper craft with Rachael & Laura	<u>11:15</u> Coffee and Newspaper
<u>2:30</u> Finish the Lyrics (Blue Activity Book)	<u>2:30</u> America's Funniest Home Videos	<u>2:30</u> Afternoon Trivia	<u>2:30</u> Sing-a-long with Elder-song- YouTube	<u>2:30</u> Get to know you Questions?	<u>2:30</u> Dear Abby (Large Activity Book)	<u>2:30</u> Saturday Snack with Lekeisha & Jas
<u>4:15</u> Jig-saw Puzzles	<u>4:15</u> Monday Manicures	<u>4:15</u> Porch Chats	<u>4:15</u> Afternoon Movie	<u>4:15</u> Afternoon Coloring with Katie & Shanique	<u>3:30</u> Happy Hour	<u>3:30</u> Bingo with Rachael
<u>7:00</u> Evening Stretch	<u>7:00</u> Wheel of Fortune / Jeopardy	<u>7:00</u> Classic TV Show	<u>7:00</u> Autumn in New England (YouTube)	<u>7:00</u> Evening Trivia	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide

Laura Koon- laura.koon@rph.org

September- 2020



Leo's House

Sunday 9/3	Monday 9/14 Rachael Off	Tuesday 9/15	Wednesday 9/16	Thursday 9/17 Rachael Off	Friday 9/18	Saturday 9/19
<u>11:15</u> Hair Styles with Floripe	<u>11:30</u> Courtyard Walks	<u>11:15</u> Dear Abby (Large Trivia Book)	<u>11:15</u> Hair Styles	<u>11:15</u> Paper craft with Laura K.	<u>10:30</u> Exercise with Rachael	<u>11:15</u> Coffee and Newspaper Chats
<u>2:30</u> Elvis Sings Hymns- YouTube	<u>2:15</u> Monday Manicures with Ashley & Floripe	<u>2:15</u> Afternoon Stretch	<u>2:30</u> Planting Fall Garden with Laura K.	<u>2:15</u> Afternoon Movie	<u>2:15</u> Porch Chats	<u>2:30</u> Positive Connections with Rachael
<u>4:15</u> Jig-saw Puzzles	<u>4:15</u> America's Funniest Home Videos	<u>3:45</u> Apple Crisp & Hot Cider with Rachael	<u>3:45</u> Sing-a-long with Elder-song- YouTube	<u>4:15</u> Afternoon Coloring	<u>3:30</u> Happy Hour	<u>4:15</u> Classic TV Show
<u>7:00</u> Evening Stretch	<u>7:00</u> Wheel of Fortune / Jeopardy	<u>6:45</u> Trivia with Rachael	<u>7:00</u> Autumn in New England (YouTube)	<u>7:00</u> Evening Trivia	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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Laura Koon- laura.koon@rph.org

September - 2020



Nancy's House

Sunday 9/13	Monday 9/14 Rachael off	Tuesday 9/15	Wednesday 9/16	Thursday 9/17 Rachael off	Friday 9/18	Saturday 9/19
<u>11:15</u> Elvis Sings Hymns- YouTube	<u>11:30</u> Courtyard Walks	<u>11:15</u> Sit and Stretch	<u>11:15</u> Sing-a-long with Elder-song-YouTube	<u>11:15</u> Sing-a-long with Suzie-Q	<u>11:15</u> Hair Styles	<u>11:15</u> Coffee and Newspaper Chats
<u>2:30</u> Finish the Lyrics (Blue Activity Book)	<u>2:30</u> Monday with Manicures Jordyn	<u>2:30</u> Flower Arrangements with Rachael	<u>2:30</u> Planting Fall Garden with Rachael	<u>2:30</u> Porch Chats	<u>2:00</u> Fall Coloring with Rachael	<u>2:30</u> Get-to-know you Questions
<u>4:15</u> Jig-saw Puzzles	<u>4:15</u> America's Funniest Home Videos	<u>4:15</u> Afternoon Coloring	<u>4:15</u> Afternoon Movie	<u>4:15</u> Bowling with Laura K.	<u>3:30</u> Happy Hour	<u>4:15</u> Classic TV Show
<u>7:00</u> Evening Stretch	<u>7:00</u> Wheel of Fortune / Jeopardy	<u>7:00</u> Evening Trivia	<u>7:00</u> Autumn in New England (YouTube)	<u>7:00</u> Evening Trivia	<u>7:00</u> Movie Night	<u>6:30</u> Fall Reminisce with Rachael

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