



Bill & Jude's

Sunday 9/6	Monday 9/7 Labor Day!! Rachael off	Tuesday 9/8	Wednesday 9/9	Thursday 9/10 Rachael off	Friday 9/11	Saturday 9/12
<u>11:15</u> Hymn Sing	<u>10:30</u> Labor day Trivia	<u>10:45</u> Morning Movie	<u>11:30</u> Hair Styles with Tashay	<u>11:15</u> Chair Stretch	<u>9:45</u> Morning Exercise with Rachael	<u>10:00</u> Manicures with Rachael
<u>2:30</u> Fun Facts (Big Activity Book)	<u>2:30</u> Labor Day Treat	<u>2:30</u> Yoga with Rachael	<u>2:30</u> School-time Reminisce	<u>2:30</u> Jig-saw Puzzles	<u>2:30</u> Courtyard Walks	<u>2:30</u> Afternoon Movie
<u>4:15</u> Finishing the Lyrics (Blue Activity Book)	<u>4:15</u> Labor Day Coloring	<u>4:15</u> Dancing with Carol/Alesia	<u>4:15</u> Beads with Rachael	<u>4:15</u> Sing-a-long with Eldersong- YouTube	<u>3:30</u> Happy Hour	<u>4:15</u> Sit and Stretch
<u>7:00</u>	<u>7:00</u> Labor Day Concert (YouTube)	<u>7:00</u> Wheel of Fortune / Jeopardy	<u>7:00</u> Porch Chats	<u>7:00</u> Tell us about a time...Get to Know you Questions	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

Activities are provided by Shahbazim within the residence. Please check with Shahbaz for any changes.

Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide

Laura Koon- laura.koon@rph.org

September - 2020



Helene's

Sunday 9/6	Monday 9/7 Labor Day!! Rachael off	Tuesday 9/8	Wednesday 9/9	Thursday 9/10 Rachael off	Friday 9/11	Saturday 9/12
<u>11:15</u> Hymn Sing	<u>10:30</u> Labor day Trivia	<u>11:45</u> Sing-a-long with Rachael	<u>10:30</u> Manicures	<u>10:30</u> Chair Stretch	<u>10:30</u> Hairstyles with Jas	<u>11:15</u> Coffee & Newspaper Chats
<u>2:30</u> Fun Facts (Big Activity Book)	<u>2:30</u> Labor Day Treat	<u>2:30</u> Afternoon Movie	<u>2:30</u> Bingo with Rachael	<u>2:30</u> Trivia	<u>2:00</u> Stretch with Tonya	<u>2:30</u> Trivia with Rachael
<u>4:15</u> Finishing the Lyrics (Blue Activity Book)	<u>4:15</u> Labor Day coloring	<u>4:15</u> Mimosa's & Music with Jasmine/Tashay	<u>4:15</u> Porch Chats	<u>4:15</u> Sing-a-long with Eldersong- YouTube	<u>3:30</u> Happy Hour	<u>4:15</u> Sit and Stretch
<u>7:00</u> Horoscope Fun	<u>7:00</u> Labor day Concert (YouTube)	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Evening Movie	<u>7:00</u> Tell us about a time...Get to Know you Questions	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8
Activities are provided by Shahbazim within the residence. Please check with Shahbaz for any changes. Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide Laura Koon- laura.koon@rph.org September- 2020						



Leo's House

Sunday 9/6	Monday 9/7 Labor Day!! Rachael Off	Tuesday 9/8	Wednesday 9/9	Thursday 9/10 Rachael Off	Friday 9/11	Saturday 9/12
<u>11:15</u> Hymn Sing	<u>11:30</u> Labor day Trivia	<u>11:15</u> Yoga (YouTube)	<u>11:15</u> Exercise with Rachael	<u>11:15</u> Chair Stretch	<u>11:15</u> Patriotic Sing-a-long with Rachael	<u>11:15</u> Trivia
<u>2:30</u> Fun Facts (Big Activity Book)	<u>2:15</u> Labor Treat	<u>2:30</u> Afternoon Movie	<u>2:15</u> Chair stretch	<u>2:15</u> Trivia	<u>2:00</u> Manicures	<u>2:30</u> Courtyard Walks
<u>4:15</u> Finishing the Lyrics (Blue Activity Book)	<u>4:15</u> Labor Day Coloring	<u>4:15</u> Coloring with Carianne & Dee	<u>4:15</u> Hairstyles with Dee and Carrienne	<u>4:15</u> Sing-a-long with Eldersong- YouTube	<u>3:30</u> Happy Hour	<u>3:45</u> S'mores with Rachael
<u>7:00</u> Horoscope Fun	<u>7:00</u> Labor day Concert (YouTube)	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Porch Chats	<u>7:00</u> Tell us about a time...Get to Know you Questions	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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Laura Koon- laura.koon@rph.org

September - 2020



Nancy's House

Sunday 9/6	Monday 9/7 Rachael off Labor day!!	Tuesday 9/8	Wednesday 9/9	Thursday 9/10 Rachael off	Friday 9/11	Saturday 9/12
<u>11:15</u> Hymn Sing	<u>11:30</u> Labor day Trivia	<u>11:15</u> Yoga (You Tube)	<u>11:15</u> Hair Styles	<u>11:15</u> Chair Stretch	<u>11:15</u>	<u>11:45</u> Patriotic Sing-a- long with Rachael
<u>2:30</u> Fun Facts (Big Activity Book)	<u>2:30</u> Labor Day Treat	<u>2:30</u> Afternoon Movie	<u>2:30</u> Jig-saw Puzzles	<u>2:30</u> Trivia	<u>2:00</u> Red, white & blue Chocolate Pretzels with Rachael	<u>2:30</u> Courtyard Walks
<u>4:15</u> Finishing the Lyrics (Blue Activity Book)	<u>4:15</u> Labor day Coloring	<u>4:15</u> Sing-a-long with Rachael	<u>4:15</u> Manicules	<u>4:15</u> Sing-a-long with Eldersong- YouTube	<u>3:30</u> Happy Hour	<u>3:45</u> Courtyard walks
<u>7:00</u> Horoscope Fun	<u>7:00</u> Labor day Concert (YouTube)	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Porch Chats	<u>7:00</u> Tell us about a time...Get to Know you Questions	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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