



# Bill & Jude's

Sunday 11/1 Daylight Savings Time! 	Monday 11/2 Rachael off	Tuesday 11/3 	Wednesday 11/4	Thursday 11/5	Friday 11/6 Rachael off	Saturday 11/7
<u>11:00</u> Sharing Stories with Laura	<u>10:30</u> Jig-saw puzzles with Liz	<u>10:45</u> Fall Trivia with Staff	<u>10:30</u> National Stress Awareness Day- Yoga with Rachael	<u>10:00</u> Learning about Women Suffragists-100 Year anniversary!	<u>11:15</u> Crossword puzzles with Laura	<u>11:15</u> Silly Letters to Santa with Rachael
<u>2:30</u> Hymn Sing (YouTube)	<u>2:30</u> Sit and Stretch with staff	<u>2:30</u> Afternoon Movie	<u>2:00</u> Celebrity Bingo with Laura K. & Staff	<u>2:00</u> Hair Salon with Jasmine	<u>2:30</u> Church-Service Stream with Laura K.	<u>2:30</u> Sing-a-long with Eldersong (YouTube)
<u>4:15</u> Have you Ever? Questions with Staff (Large Trivia Book)	<u>4:15</u> Monday Manicures with Staff	<u>4:15</u> Fall Coloring	<u>4:15</u> Sing-a-long with Susie-Q-(YouTube)	<u>4:15</u> Nat King Cole Milestone Day-The Nat King Cole Show-YouTube	<u>3:30</u> Happy Hour	<u>4:15</u> Afternoon Movie
<u>7:00</u> Classic TV show	<u>8:00</u> Dancing with the Stars- ABC	<u>7:00</u> Would you rather (Big activity Book)	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> America's Funniest Home Videos	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

Activities are provided by Shahbazim within the residence. Please check with Shahbaz for any changes.

Activities contact: Rachael Black- [rachael.black@rph.org](mailto:rachael.black@rph.org) Well Being Engagement Guide

Laura Koon- [laura.koon@rph.org](mailto:laura.koon@rph.org)

November - 2020



# Helene's

Sunday 11/1 Daylight Savings Time! 	Monday 11/2 Rachael off	Tuesday 11/3 	Wednesday 11/4	Thursday 11/5 Hair Salon with Jasmine	Friday 11/6 Rachael off	Saturday 11/7
<u>11:15</u> Hymn Sing (YouTube)	<u>10:30</u> Manicures	<u>11:15</u> Morning Trivia with Latonya	<u>11:30</u> National Stress Awareness Day- Yoga with Rachael	<u>10:00</u> Thanksgiving napkin holders with Laura K.	<u>10:30</u> Coffee and Current Events	<u>11:15</u> Sing-a-long with Eldersong (YouTube)
<u>2:30</u> Have you Ever? Questions with Staff (Large Trivia Book)	<u>2:30</u> Sit and Stretch with staff	<u>3:15</u> Dry-erase board game with staff	<u>3:30</u> Bowling with Laura K.	<u>2:30</u> Manicures with Rachael	<u>2:30</u> Animal Facts (Big Activity Book)	<u>2:30</u> Silly Letters to Santa and hot-chocolate with Rachael
<u>4:15</u> Yoga on YouTube- with staff	<u>4:15</u> Fall Coloring with Lekeisha and Porscha	<u>4:15</u> Afternoon Movie	<u>4:15</u> Necklaces with Jasmine	<u>4:15</u> Nat King Cole Milestone Day-The Nat King Cole Show- YouTube	<u>3:30</u> Happy Hour	<u>4:15</u> Afternoon Movie
<u>7:00</u> Classic TV show	<u>8:00</u> Dancing with the Stars-ABC	<u>7:00</u> Would you rather (Big activity Book)	<u>7:00</u> Wheel of Fortune/Jeopardy	<u>7:00</u> Old Wives Tales (Big Activity Book)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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Laura Koon- [laura.koon@rph.org](mailto:laura.koon@rph.org)

November - 2020





# Leo's House

Sunday 11/1 Daylight Savings Time! 	Monday 11/2 Rachael Off	Tuesday 11/3 	Wednesday 11/4	Thursday 11/5	Friday 11/6 Rachael Off	Saturday 11/7
<u>11:15</u> Hymn Sing	<u>11:30</u> Coffee and Newspaper Chats	<u>11:15</u> Fall Trivia with Jordyn and Hannah	<u>11:15</u> Sit and Stretch with Linda	<u>11:15</u> Hairstyles with FloriPe	<u>11:15</u> Morning Trivia with Linda	<u>11:15</u> Coffee and Current Events
<u>2:30</u> Yoga on YouTube-with staff	<u>2:15</u> Monday Manicures with Staff	<u>2:00</u> Fall Coloring	<u>2:30</u> Sing-a-long with Susie-Q	<u>2:30</u> Water-colors with Laura K.	<u>2:00</u> Jig-saw Puzzles	<u>2:30</u> Sing-a-long with Eldersong (YouTube)
<u>4:15</u> Have you Ever? Questions with Staff (Large Trivia Book)	<u>4:15</u> Dry-Erase Game with Staff	<u>4:15</u> Afternoon Movie	<u>4:15</u> National Stress Awareness Day- Yoga with Rachael	<u>4:15</u> Nat King Cole Milestone Day-The Nat King Cole Show- YouTube	<u>3:30</u> Happy Hour	<u>4:15</u> Silly Letters to Santa and hot- chocolate with Rachael
<u>7:00</u> Classic TV show	<u>8:00</u> Dancing with the Stars-ABC	<u>7:00</u> Would you rather (Big activity Book)	<u>7:00</u> Wheel of Fortune/Jeopardy	<u>7:00</u> America's Funniest Home Videos	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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 Laura Koon- [laura.koon@rph.org](mailto:laura.koon@rph.org)  
 November - 2020



# Nancy's House

Sunday 11/1 Daylight Savings Time! 	Monday 11/2 Rachael off	Tuesday 11/3 	Wednesday 11/4	Thursday 11/5	Friday 11/6 Rachael off	Saturday 11/7
<u>11:15</u> Hymn Sing	<u>11:30</u> Hair Styles	<u>11:15</u> Coffee and Current Events	<u>9:00</u> Home-made quiche with Laura K.	<u>11:15</u> Manicures with Laura & Rachael	<u>11:15</u> Sit and Stretch with staff	<u>11:15</u> Sing-a-long with Suzie-Q
<u>2:30</u> Yoga on YouTube- with staff	<u>2:30</u> Afternoon Trivia (Seasonal trivia)	<u>2:30</u> Afternoon Movie	<u>2:30</u> National Stress Awareness Day-Yoga with Rachael	<u>2:30</u> Nat King Cole Milestone Day-The Nat King Cole Show- YouTube	<u>2:00</u> Sing-a-long with Eldersong (YouTube)	<u>2:30</u> Afternoon Movie
<u>4:15</u> Have you Ever? Questions with Staff (Large Trivia Book)	<u>4:15</u> Monday Manicures	<u>4:15</u> Fall Coloring	<u>4:15</u> Sing-a-long with Suzie-Q (YouTube)	<u>4:15</u> America's Funniest Home Videos	<u>3:30</u> Happy Hour	<u>6:30</u> Silly Letters to Santa and hot-chocolate with Rachael
<u>7:00</u> Classic TV Show	<u>8:00</u> Dancing with the Stars-ABC	<u>7:00</u> Patty Duke Show (YouTube)	<u>7:00</u> Would you rather (Big activity Book)	<u>7:00</u> Evening Stretch	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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