

## Bill & Jude's

Sunday 10/18	Monday 10/19 Rachael off	Tuesday 10/20	Wednesday 10/21 Happy Birthday Winona!	Thursday 10/22	Friday 10/23 Rachael off	Saturday 10/24
<u>11:15</u> Sharing Stories with Laura	<u>10:30</u> Good Morning Stretch	<u>11:15</u> Coffee and Newspaper Chats	<u>11:15</u> Sing-a-long with Suzie-Q	<u>11:15</u> Hairstyles with Kenesha	<u>11:15</u> Morning Stretch with Laura K.	<u>10:00</u> Yoga with Rachael
<u>2:30</u> Fun-Facts About Fall (New Trivia Book)	<u>2:30</u> Afternoon Movie	<u>2:00</u> Yoga with Rachael	<u>2:30</u> Fall Coloring	<u>2:00</u> Fall Garland and Decoupage with Rachael & Laura K.	<u>2:30</u> Get-to-know you Questions~ Large Trivia Book	<u>2:30</u> Afternoon Trivia
<u>4:15</u> Hymn Sing	<u>4:15</u> Monday Manicures	<u>4:15</u> Hair Styles with Carol and Alesia	<u>4:15</u> Jig-Saw Puzzles	<u>4:15</u> Manicures	<u>3:30</u> Happy Hour	<u>4:15</u> Get-to-know you Questions with Amanda
<u>7:00</u> Classic TV show	<u>7:00</u> Dancing with the Stars (ABC)	<u>7:00</u> Wheel of Fortune/Jeopardy	<u>7:00</u> Finish the Lyrics (Blue Activity Book)	<u>7:00</u> America's Funniest Home Videos	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

Activities are provided by Shahbazim within the residence. Please check with Shahbaz for any changes.

Activities contact: Rachael Black- [rachael.black@rph.org](mailto:rachael.black@rph.org) Well Being Engagement Guide

Laura Koon- [laura.koon@rph.org](mailto:laura.koon@rph.org)

October - 2020



# Helene's

Sunday 10/18	Monday 10/19 Rachael off	Tuesday 10/20	Wednesday 10/21	Thursday 10/22	Friday 10/23 Rachael off	Saturday 10/24
<u>11:15</u> Hymn Sing	<u>10:30</u> Painting pumpkins with Laura	<u>11:30</u> Name that Tune with Rachael	<u>11:15</u> Sing-a-long with Suzie-Q	<u>11:15</u> Reminisce with Laura K.	<u>10:30</u> Good Morning Stretch	<u>11:30</u> Sing-a-long with Rachael
<u>2:30</u> Fun-Facts About Fall (New Trivia Book)	<u>2:30</u> Sing along	<u>3:30</u> Apple Cider & Beignets with Jasmine	<u>2:30</u> Afternoon Movie	<u>2:30</u> Jig-Saw Puzzles	<u>2:30</u> Get-to-know you Questions~ Large Trivia Book	<u>2:30</u> Afternoon Trivia
<u>4:15</u> Afternoon Movie	<u>4:15</u> Baking with Lekeisha	<u>4:15</u> Fall Coloring	<u>4:15</u> Bowling with Rachael	<u>4:15</u> Yoga on YouTube	<u>3:30</u> Happy Hour	<u>4:15</u> Making Pearl Necklaces with Jasmine, Shanique
<u>7:00</u> Classic TV show	<u>8:00</u> Dancing with the Stars (ABC)	<u>7:00</u> Wheel of Fortune / Jeopardy	<u>7:00</u> Finish the Lyrics (Blue Activity Book)	<u>7:00</u> Manicures	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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October- 2020



# Leo's House

Sunday 10/18	Monday 10/19 Rachael Off	Tuesday 10/20	Wednesday 10/21	Thursday 10/22	Friday 10/23 Rachael Off	Saturday 10/24
<u>11:15</u> Hymn Sing	<u>10:30</u> Good Morning Stretch	<u>11:15</u> Sing-a-long with Suzie-Q	<u>11:15</u> Hair Styles	<u>11:15</u> Exercise with Rachael	<u>11:15</u> Yoga on YouTube	<u>8:45</u> Breakfast Parfaits
<u>2:30</u> Fun-Facts About Fall (New Trivia Book)	<u>2:30</u> Afternoon Movie	<u>2:30</u> Fall Coloring	<u>2:30</u> Cheesecloth Ghosts with Rachael and Linda	<u>2:30</u> Classic TV Show	<u>2:30</u> Get-to-know you Questions~ Large Trivia Book	<u>2:30</u> Afternoon Trivia
<u>4:15</u>	<u>4:15</u> Monday Manicures	<u>3:15</u> Makeup with Carrienne & Rachael	<u>4:15</u> Jig-Saw Puzzles	<u>3:30</u> Penny Ante with Laura K.	<u>3:30</u> Happy Hour	<u>4:15</u> Classic TV Show
<u>7:00</u> Classic TV show	<u>8:00</u> Dancing with the Stars (ABC)	<u>7:00</u> Wheel of Fortune/Jeopardy	<u>7:00</u> Finish the Lyrics (Blue Activity Book)	<u>7:00</u> Manicures	<u>7:00</u> Movie Night	<u>6:45</u> Evening Stories with Rachael

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October - 2020



# Nancy's House

Sunday 10/18 Happy Birthday Charlie!	Monday 10/19 Rachael off	Tuesday 10/20	Wednesday 10/21	Thursday 10/22	Friday 10/23 Rachael off	Saturday 10/24
<u>11:15</u> Hymn Sing	<u>11:30</u> Good Morning Stretch	<u>10:00</u> Rise and Shine Stretch with Rachael	<u>11:15</u> Sing-a-long with Rachael	<u>11:15</u> Yoga on YouTube	<u>11:15</u> Hair Styles	<u>11:15</u> Coffee & Newspaper Chats
<u>2:30</u> Fun-Facts About Fall (New Trivia Book)	<u>2:30</u> Afternoon Movie	<u>2:30</u> Stories with Lovely	<u>2:30</u> Jig-Saw Puzzles	<u>2:30</u> Classic TV Show	<u>2:00</u> Get-to-know you Questions~ Large Trivia Book	<u>2:30</u> Afternoon Trivia
<u>4:15</u>	<u>4:15</u> Monday Manicures	<u>4:15</u> Sing-a-long with Suzie-Q	<u>4:15</u> America's Funniest Home Videos	<u>3:15</u> Make up with Jordyn & Rachael	<u>3:30</u> Happy Hour	<u>4:15</u> Baking with Jordyn & Rachael
<u>7:00</u> Classic TV show	<u>8:00</u> Dancing with the Stars (ABC)	<u>7:00</u> Wheel of Fortune/Jeopardy	<u>7:00</u> Finish the Lyrics (Blue Activity Book)	<u>7:00</u> Manicures	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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